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SPÓRT ÉIREANN  
SPORT IRELAND



irish martial arts commission

# Anti Doping Policy





## **Kickboxing Ireland Anti-Doping Policy**

### **Overview**

All KICKBOXING Ireland members are subject to the Sport Ireland, UK Anti-Doping Rules and the WAKO Anti-Doping rules (collectively the (“**Anti-Doping Rules**”). All members have a responsibility to ensure that they are aware of these rules. We advise all members to read and understand the Anti-Doping Rules and to understand their responsibilities. Sport Ireland Anti-Doping is the national anti-doping Organisation in the Irish state. Its functions include the implementation of guidelines, codes of practice, standards of good conduct, fair play, and the elimination of doping in sport as well as planning, implementing, and evaluating education and information program.

The consequences of not adhering to Anti-Doping Rules can be severe, therefore, it is critical that any questions or concerns be clarified with either Kickboxing Ireland or Sport Ireland.

The prohibited list is updated by WADA annually and is available at <https://www.wada-ama.org/en/what-we-do/prohibited-list>

### **Vision**

- To achieve greater knowledge and understanding of doping issues through comprehensive coach and athlete education;
- To empower clubs and coaches to be confident and competent to enable them to support their members in all aspects of anti-doping;
- To create a generation of athletes who have confidence in their ability to know they can succeed in kickboxing without the misuse of prohibited substances or prohibited methods.

### **Mission**

The basic principle of Kickboxing Ireland’s information and education program for anti-doping is to protect the spirit of kickboxing from being undermined by doping and to establish an environment which influences doping-free behavior among participants.

Kickboxing Ireland members are subject to Sport Ireland, Sport NI and WAKO testing program, which play a fundamental part as a deterrent and preventative measure against doping. Kickboxing Ireland acknowledges that, in addition, it has a duty to provide clubs and athletes with the information and technical advice they need to make informed and responsible choices in compliance with Kickboxing Ireland’s anti-doping regulations.

### **Objectives**



- Promote doping-free behaviour and influence the attitudes and values of young kickboxers and coaches;
- Provide a range of educational resources to help and inform athletes to make responsible choices;
- Provide relevant and up-to-date technical information to athletes to enable them to remain drug free and comply with Kickboxing Ireland's anti-doping regulations.

To stay up to date on anti-doping please visit the following websites:

<https://www.sportireland.ie/anti-doping>

<http://www.sportni.net/performance/anti-doping/>

<https://www.ukad.org.uk/>

The Sport Ireland, Sport NI websites provide current information regarding every aspect of Anti-Doping, including Education; Medicines/TUE's; Testing Procedures; Youth Zone.

If you are using a prescription medicine, you have a responsibility to ensure there are no ergogenic substances within it. A therapeutic use exemption may be requested from Sport Ireland Anti-Doping. If you are unsure, please contact the Kickboxing Ireland Anti-Doping Officer.

#### **Information and Contact Details:**

If you have any queries on Anti-Doping, the contact details for the Kickboxing Ireland Anti-Doping Officer [antidoping@kickboxingireland.ie](mailto:antidoping@kickboxingireland.ie)

Track versions:

Version	Date	Author	Changes
1.0	21/01/2021	Jon Mackey	New Version
1.01	12-02-2021	Elaine Small	Update
1.02	22-07-2021	Roy Baker	Update
1.03	29-07-2021	Pierce McGeough	Update
1.04	30-07-2021	Elaine Small	Update
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